



"Three years ago, I was flipping through a magazine when I came across a story about a nine-year-old Cambodian girl rescued from the sex trade," recalls Lynelle. "It was so horrific that my first instinct was to shut the magazine and forget what I'd seen, but as Albert Einstein once said: 'All knowledge should be translated into action.' Instead of focusing on the atrocity, I concentrated on how I could help."

At her Singapore practice, Innate, Lynelle specializes in Network Spinal Analysis (NSA), a type of chiropractic that uses light touches along the spine to release the memory of stressful events from the nervous system and enhance the body's ability to heal itself – physically, mentally and emotionally. "I've seen NSA work miracles for my clients, and I knew it could do the same for children rescued from the sex trade, helping them not only to heal but to become happy, productive people."

Healing Power

by Nora Varty
Pictures by Nathan
Horton Photography

Dr Lynelle Kerr believes that life has an uncanny way of bringing you to the place you need to be to align with your higher purpose. Had fate not moved her from Australia to Singapore, she might never have discovered a group of children in desperate need of her unique form of chiropractic care.



These were drawn by an eight-year-old girl who suffered so much abuse that she was verging on autistic. She had difficulty even holding a pencil, but with help, she managed to draw a flower and after two days, she was smiling, making eye contact and drawing perfect flowers. She also drew a sun; appropriately; the foundation's motto is: "We are all meant to shine."




"I established the All One Foundation as a vehicle to get this therapy into shelters. As an extension of my business, the foundation sponsors practitioners to provide care to the children on a long-term basis, administering NSA and teaching other healing techniques the children can use on each other," explains Lynelle.

Once she had conceived the idea, the pieces quickly fell into place. In 2006, the XL Results Foundation awarded her the Global Social Entrepreneur of the Year Award, which to her surprise and delight came with a \$20,000 cash donation. So, having obtained the funding she needed, she packed up her treatment table and headed to Cambodia.

"On my first trip, I worked with a girl who had lost the use of her right arm and walked with a limp as a result of being raped and beaten for two years," says Lynelle. "After one session, she was transformed. Through laughter and tears, she said in Khmer: 'I feel better; finally, I feel better.' Moments like these were many; suddenly children who could previously barely function were laughing and smiling. When I saw the difference NSA was making in such a short amount of time, I knew I was on the right path."

With the groundwork laid in Cambodia, Lynelle has received additional corporate sponsorship, including financial support from Alan Hewitt of Australia's Earthstar Publishing, and she now plans to expand the foundation, placing NSA doctors permanently at shelters throughout Asia.

"Empowerment and sustainability are the priorities," she explains. "In addition to assisting the healing process, All One will help create education programmes, including English and IT courses. I want to replace the hundreds of sewing machines and looms in the shelters with computers."

Lynelle's decision to incorporate charity into her practice – Innate donates 10 percent of its annual net profit to All One – is inspiring, but according to the entrepreneur, her business has gained more than it has given. "The profitability of Innate has increased dramatically since it became a social enterprise," she says. "I believe that's a direct result of giving it a bigger purpose. If you run a business, don't wait until you're highly profitable to support a social cause; the time to act is now. You'll benefit, every step along the way." 

To find out how to sponsor the All One Foundation, log on to www.all-onefoundation.com.